

MCMH + CLINICS CAFETERIA MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Aug 4th—8th	Oven Roasted Garlic & Herb Chicken BBQ Ribs Mashed Potatoes, Gravy Sweet Potatoes O'Brien Malibu Blend Vegetables Corn on the Cob Lemon Bars Chocolate Chip Cookies	Chicken Cordon Bleu Carne Asada Street Tacos Parmesan Baby Bakers Cilantro Lime Rice Roasted Asparagus Corn & Peppers Marble Cake w/Vanilla Frosting Tiramisu	Bourbon Glazed Pork Tenderloin Chicken Pot Pie Herbed Yukon Gold Potatoes Mashed Potatoes, Gravy Roasted Baby Carrots Green Beans Strawberry Parfait Cake Sugar Cookies	Chili Braised Beef Chicken Bruschetta White Rice Herbed Butter Noodles Black Beans Parmesan Roasted Zucchini Chocolate Chip Blondies Berry Cup	"Cookout Friday" Burgers, Bratwurst, Hot Dog Grilled Chicken Sandwich Macaroni & Cheese Baked Beans Coleslaw Watermelon Cheesecake Brownies Blueberry Crisp
Aug 11th—18th	Panko Crusted Salmon Chicken Gyros Roasted Sweet Potatoes Greek Orzo Grilled Vegetables Roasted Cauliflower Rice Krispie Treats Cherry Pie	Beef or Chicken Taco Salad Spinach & Roasted Red Pepper Tortellini Alfredo Cilantro Lime Rice Garlic Knots Black Beans Zucchini Banana Poke Cake Snickerdoodles	BBQ Rubbed Pork Tenderloin Porcupine Meatballs Roasted Baby Bakers Mashed Potatoes, Gravy Roasted Brussels Sprouts Corn S'mores Bars Watermelon	Chicken w/Garlic & Mushroom Cream Sauce Goulash Wild Rice Texas Toast Broccoli Glazed Carrots Strawberry Poke Cake M&M Cookies	Build Your Own Burger Bar Lemon Pepper Cod Pan-fried Potatoes & Onions Parmesan Butter Noodles Green Beans Buttered Peas Peanut Butter Brownie Apple Pie
Aug 18th—22nd	BBQ Chicken Breast Andouille Crusted Cod Roasted Yukon Golds Baked Beans Asparagus Malibu Blend Vegetables Lemon Bars Chocolate Chip Cookies	Green Chile Chicken Enchiladas Sloppy Joes Spanish Rice Macaroni & Cheese Refried Beans Green Beans Marble Cake w/Vanilla Frosting Tiramisu	Sliced Roast Beef Hot Beef Sandwich Jerk Pork Tenderloin w/Pineapple Salsa Mashed Potatoes, Gravy Baked Sweet Potato Buttered Corn Roasted Zucchini Strawberry Parfait Cake Sugar Cookies	Sweet Chili Chicken Beef Stir Fry White Rice Skillet Fried Noodles Asian Vegetable Medley Crinkle Cut Carrots Chocolate Chip Blondies Berry Cup	Italian Herbed Salmon w/ Roasted Cherry Tomatoes Cajun Chicken Alfredo Mashed Baby Red Potatoes Garlic Knots Bacon Roasted Brussels Buttered Peas Cheesecake Brownies Blueberry Crisp
Aug 25th—29th	Marinated Oven Roasted Pork Chop Baked Cavatini w/Sausage Baked Potato Breadstick Broccoli Roasted Cauliflower Rice Krispie Treats Cherry Pie	Beef & Chicken Tacos Chile Lime Salmon w/Mango Salsa Spanish Rice Potatoes O'Brien Refried Beans Honey Glazed Carrots Banana Poke Cake Snickerdoodles	Meatloaf Oven Roasted Cajun Chicken Mashed Potatoes, Gravy Dirty Rice Green Beans w/Bacon & Onion Roasted Asparagus S'mores Bar Watermelon	Braised Beef Tips Wing Day Garlic & Herb Butter Rice Macaroni & Cheese California Blend Corn Strawberry Poke Cake M&M Cookies	Roast Turkey, Hot Turkey Sandwich Garlic and Chive Butter Cod Mashed Potatoes, Gravy Roasted Sweet Potatoes Corn Malibu Blend Vegetables Peanut Butter Brownies Apple Pie