

MCMH + CLINICS CAFETERIA MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dec 29th–Jan 2nd	Soup—Beef Barley Cowboy Meatloaf Chicken Pesto Flatbread Mashed Potatoes, Gravy Greek Orzo Buttered Corn California Blend Strawberry Pretzel Dessert Chocolate Chip Cookie	Pork Tenderloin w/Pineapple Chimichurri Baja Shrimp Tacos Chili Roasted Yukon Golds Black Beans & Rice Carrots Roasted Zucchini Praline Bars Vanilla Pudding Parfait	Soup—Creamy Tomato Basil Herb Roasted Chicken Breast Grilled Rueben on Marble Rye Baked Potato Sweet Potato Hash Peas Malibu Blend Vegetable Texas Brownie Apple Pie	New Year's Day Cafeteria Closed for Employee Meal	Soup—Broccoli Cheese Build Your Own Burger Bar Teriyaki Glazed Salmon Fried Potatoes w/Onions Steamed Rice Roasted Carrots Asparagus Chocolate-Chocolate Cake Sugar Cookies
Jan 5th–9th	Soup—Chicken Noodle Glazed Ham Balls Herb Roasted Cod w/Tomatoes Mashed Potatoes, Gravy Roasted Sweet Potatoes Country Green Beans Buttered Carrots Chocolate Pudding Parfait Cheesecake	Slow Roasted Pork Carnitas Green Chili Chicken Enchiladas Cilantro Lime Rice Black Beans Roasted Corn w/Poblanos Santa Fe Broccoli Strawberry Shortcake Snickerdoodles	Soup—Homemade Chili Salisbury Steak Chicken Club Melt on Thick Cut Sourdough Mashed Potatoes, Gravy Potatoes O'Brien Roasted Brussels Sprouts California Blend Poached Pears Chocolate Mousse Pie	Jumbo Cheese Ravioli w/ Mushroom Cream Sauce Beef & Pepper Stir Fry Cheese Stuffed Breadstick Steamed Rice Roasted Zucchini Asian Blend Vegetables Coffee Cake M&M Cookies	Soup—Potato Beef Gyros w/Homemade Tzatziki Sauce Chicken Marsala Greek Rice w/Feta Roasted Baby Bakers Malibu Blend Vegetables Roasted Asparagus Oreo Brownies Cherry Applesauce Jello
Jan 12th–16th	Soup—Beef Barley Beef Pot Pie w/Puff Pastry Blackened Chicken Breast Mashed Potatoes, Gravy Dirty Rice Roasted Carrots Steamed Broccoli Strawberry Pretzel Dessert Chocolate Chip Cookie	Beef & Chicken Tacos Chili Rubbed Salmon w/Corn Salsa Mexican Rice Sweet Potatoes O'Brien Refried Beans Malibu Blend Vegetable Praline Bars Vanilla Pudding Parfait	Soup—Creamy Tomato Basil Spinach & Chicken Casserole w/ Roasted Red Peppers Grilled Cheese on Sourdough Roasted Baby Red Potatoes Lemon Dill Orzo Garlic Roasted Brussels Cauliflower Texas Brownie Apple Pie	Country Chicken & Noodles Pork Tenderloin w/Creamy Dijon Sauce Mashed Potatoes, Gravy Rice Pilaf Corn Green Beans w/Almonds Pumpkin Bars Banana Pudding Cup	Soup—Broccoli Cheese Casino Crusted Cod "Wing Day" Baked Potato Macaroni & Cheese Roasted Asparagus Buttered Peas Chocolate-Chocolate Cake Sugar Cookies
Jan 19th–23rd	Soup—Chicken Noodle Yankee Pot Roast w/Vegetables Firecracker Salmon Mashed Potatoes, Gravy Confetti Rice Green Beans Roasted Cauliflower Cheesecake Chocolate Pudding Parfait	Shrimp or Chicken Taco Salad Chipotle Maple Pork Tenderloin Spanish Rice Baked Sweet Potato Mexi-Corn Roasted Zucchini Strawberry Shortcake Snickerdoodles	Soup—Homemade Chili Chicken Cordon Bleu French Dip w/Gruyere Cheese Garlic Parmesan Baby Bakers Homemade Mac & Cheese Asparagus Glazed Carrots Poached Pears Chocolate Mousse Pie	Tuna & Noodle Casserole Caprese Chicken Texas Toast Mashed Baby Red Potatoes Buttered Peas Malibu Blend Vegetables Coffee Cake M&M Cookie	Soup—Potato Asian Style "Build Your Own Rice Bowls" Sweet Chili Glazed Cod White/Brown Rice Stir Fry Vegetables Sesame Carrots Oreo Brownies Cherry Applesauce Jello