

MCMH + CLINICS CAFETERIA MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
July 13 th – 17 th	Sliced Roast Beef Hot Beef Sandwich Spicy Grilled Italian on Focaccia Mashed Potatoes, Gravy Italian Roasted Baby Reds Glazed Carrots Country Style Green Beans Scotcheroots	Adobo Rubbed Pork Medallions Beef or Chicken Tacos Roasted Sweet Potatoes Spanish Rice Grilled Vegetables Refried Beans Caramel Apple Cookie Cherry Pie Bar	Oven Fried Chicken Mongolian Beef Hashbrown Casserole Steamed White Rice Corn Sweet Chili Cauliflower Fudge Brownie Chocolate Lush	Tuscan Chicken Tortellini Grilled Steak Caesar Salad Garlic Toast Parmesan Roasted Baby Potatoes Roasted Zucchini Harvard Beets Oreo Fluff Confetti Cake	Macadamia Crusted Cod Bourbon BBQ Chicken Flatbread Potatoes O'Brien White Cheddar Mac & Cheese California Blend Vegetables Roasted Asparagus Better Than Ever Cake S'mores Bar
July 20 th – 24 th	Honey Garlic Steak Bites Pork Banh Mi Roasted Yukon Golds Stir Fry Noodles Corn on the Cob Snap Peas Rice Krispie Treat Lemon Bars	Pollo Asado Shredded Beef Enchilada w/ Red Sauce Cilantro Lime Rice Black Beans Cinnamon Roasted Carrots Broccoli Strawberry Poke Cake Red Velvet Blondies	Orange Chicken BBQ Ribs Fried Rice Cornbread Asian Blend Vegetables Baked Beans Mandarin Orange Jello Peanut Butter Bars	Herb Crusted Pork Tenderloin Greek Grilled Chicken Salad Mashed Potatoes Lemon Orzo Asparagus Italian Stewed Tomatoes White Cake w/Vanilla Frosting Key Lime Pie Bar	Salmon w/Strawberry Salsa Steak Street Taco Flatbread Roasted Baby Reds Churros Grilled Vegetables Corn w/Poblanos Berry Crisp Snickers Apple Salad
July 27 th – 31 st	Marinated Pork Chop Philly Cheesesteak Au Gratin Potatoes Garlic Butter Noodles Roasted Cauliflower Cowboy Beans Raspberry Applesauce Jello Scotcheroots	Jalapeño Popper Chicken Baja Fish Taco Potatoes O'Brien Cilantro Lime Rice Broccoli Roasted Corn with Poblanos Caramel Apple Cookie Cherry Pie Bar	Homestyle Meatloaf Garlic Ginger Sticky Pork Mashed Potatoes & Gravy Brown Rice Green Beans Asian Blend Vegetables Fudge Brownie Chocolate Lush	Rattlesnake Pasta Thai Steak Lettuce Wraps Texas Toast Roasted Sweet Potatoes Buttered Peas Malibu Blend Vegetables Oreo Fluff Confetti Cake	Garlic Butter Panko Cod Margherita Flatbread Baked Potato Creamy Mushroom Orzo Baby Carrots Asparagus Better Than Ever Cake S'mores Bar
August 3 rd – 7 th	Chicken Gyros Sliced Steak with Chimichurri Greek Orzo with Feta Mashed Baby Red Potatoes Broccoli Grilled Mixed Vegetables Rice Krispie Treat Lemon Bars	Pork Verde Queso Birria Tacos Spanish Rice Chili Roasted Yukon Golds California Blend Vegetables Black Beans Strawberry Poke Cake Red Velvet Blondies	Homemade Beef & Noodles General Tso Shrimp Mashed Potatoes & Gravy White Rice Buttered Corn Ginger Soy Roasted Mushrooms Mandarin Orange Jello Peanut Butter Bars	Spaghetti w/Meat Sauce BLT Chicken Salad Garlic Breadstick Sweet Potatoes O'Brien Green Beans Almondine Roasted Baby Carrots White Cake w/Vanilla Frosting Key Lime Bars	Salmon w/Pesto Cream Pepperoni Hot Honey Flatbread Roasted Baby Bakers Parmesan Butter Noodles Cauliflower Roasted Asparagus Berry Crisp Snickers Apple Salad