

# Adams County Food Resource Guide 2023

## Food Pantry

### **Corning United Methodist Church**

Free Meal Friday at 6pm

Phone: (641) 322-3312

Address: 901 Nodaway Street  
Corning, IA 50841

### **Adams County MATURA Outreach Center**

Phone: (641) 322-4096

Address: 1402 Hull Street  
Corning, IA 50841

Email: adamsoutreach@maturaia.org

Hours: Mon 8am-12pm, 1pm-5pm  
Wed 8am-12pm, 1pm-5pm  
Thurs 8am-2pm

### **WIC**

Phone: (800) 338-4129

Website: westcentralca.org

## Food Delivery

### **Meals on Wheels – CHI Health Mercy**

Phone: (641) 322-3121

Address: 601 Rosary Drive  
Corning, IA 50841

### **Hy-Vee Grocery Delivery**

Phone: (641) 322-3010

Address: 300 10<sup>th</sup> Street  
Corning, IA 50841

### **Life 5b**

Phone: (712) 789-9417

(402) 619-8109

Email: Life5b@gmail.com

### **Full Cart- an online food pantry**

Apply online at <https://fullcart.org>

To apply for food stamps, please pick up a paper application at your local DHS office (900 Benton Ave) or apply online at <https://hsservices.iowa.gov/>

WIC- Women, Infants and Children is a supplemental nutrition program for babies, children under the age of 5, pregnant women, breastfeeding women, and women who have had a baby in the last 6 months. WIC helps families by providing healthy foods, nutrition education, and referrals to other health care agencies. In Iowa, call 800-532-1579 to find the office closest to you.

**Questions**

**Call Christie**

**(712) 623-7179**



**Montgomery County Memorial  
Hospital + Clinics**

[www.mcmh.org](http://www.mcmh.org) | 712.623.7000